

# Aura Protection

The Masters have stated that we do not **protect** ourselves enough. Why would such a statement be made? Could it be that they see the “**soup**” of energies we live in and we, on the other hand, have lived in it for so long that we are not really aware of it?

**It is said when Masters come to the earth, they first surround themselves with so much light that they, as an individual, can hardly be seen?**

**Why are they protecting themselves so much and we so little?**

What is going through the air today that was **NOT** going through the air 90 years ago:

1. Microwaves
2. TV rays
3. Cell phone towers and radiations
4. Radar
5. Radio waves - more of them
6. Thought Forms - many more of them
7. Negative Emotions - so many more
8. Programming - so much more

This names a few of the known ones, but what about others that we may not even know about?  
What damage does watching trauma on TV do to our bodies?

Because of the above, most people’s aura almost looks like a sieve.

**Anything can and does get in. What can get in?**

- 1. Other entities**
- 2. Insectoids and other negative energies**
- 3. Discarnates**
- 4. And who knows what else.**

As I have been working with the Sacred Flame Holograms for a while and feeling the tremendous benefits, I wanted to still clear easier and faster and asked for help.

On the inner I heard a statement: **“Have you checked your aura?”**

I took my pendulum, ran my hand about 6 inches off my body and found that my aura was not intact at all! I knew that I had to find a solution. I immediately went to see which small Sacred Flame Hologram cards would enclose, smooth out and seal my aura so that nothing could come in without my permission.

As I put together the cards that I needed, I started to feel better and better. From this, a basic set was put together and then additional ones added, according to what different people needed.

Many people were checked and to date, not one person has had a protected aura. Often areas would need extra cards for further protection.

*“Your aura is now fine except by the feet.” “I always have problems at my feet.”*

We found the Sacred Flame Hologram that would protect that area and the person started feeling better right away.

*“The back of your neck needs extra help.” “All of my life I have felt something on my neck.”*

We would find the right cards and again there was immediate help.

This also can indicate areas of the body that need special clearing and healing.

Right now it may seem cumbersome to wear a set of cards in the pocket each day and sleep with them under the pillow, but until we can find another way to do this, this is the first step.

I was working with one woman in Canada and we had protected her aura. A few days later I worked with her again. She was having some problems that were not there the previous day.

I checked her aura and found that it was open in certain areas. She stated that she had worked with a clairvoyant and was told that she did not need **all** of those cards here on earth but that the set was protecting her on all levels. So the woman removed the cards that she was told were not necessary here.

When we worked together and I recommended that she put all of the cards back, she felt much better. I was happy to hear that the protection was moving to all levels.

**I personally choose to have the protection reach as far as possible.**

Since then, we have also found that the wearing of the Miraculous Medal and the Rosary offer added Protection here on earth, many people have added that.

Please see the article on the [Miraculous Medal](#) and the [Rosary](#) for more information.

The experiences that people have when being protected as much as possible is most inspiring.

**Without a protected aura, we can understand why Saint Germain said that 80% of what we are dealing with is not ours. For with an open aura, anything can and does get in.**

Each of the Sacred Flames has some properties of Protection in it. For example, the Cosmic Violet Flame is the Flame of Divine Freedom, Transmutation and Transformation. And when asked, the Violet Flame can place an armor of protection around us. However, the Cosmic Blue Flame is the Flame of Divine Power and Protection. The dark energies do not like the electric blue color.

When we are totally saturated with Divine Love, nothing can get through, but until that time, we work with specific Flames and Holograms that offer the greatest protection.

*“The **Secret Love Star** offers another protection. I was guided to make the Secret Love Star Hologram. After it was activated, I did not know what to do with it, so I placed it in a drawer in my bedroom.*

*One night, around midnight, I awoke because I felt an energy barreling into me and it was moving steady, strong and quickly. On the inner I heard a voice:*

***“Get on the Secret Love Star now!”***

*I quickly opened the drawer, pulled out the Hologram and place my feet on it. By this time, the energy was at my waist and moving down. The minute I placed my feet on it, the energy was expelled out of my body, just as if it had hit a brick wall.*

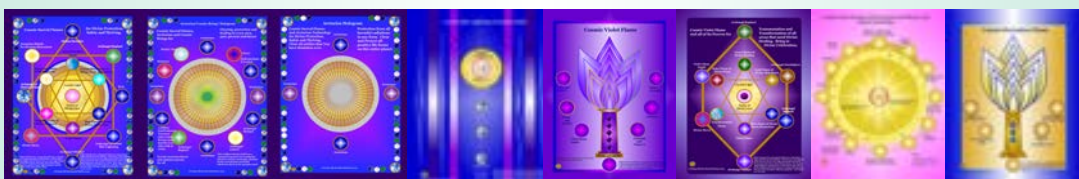
*I was stunned and sat on the bed wondering what had just happened. I took the Secret Love Star Hologram and eventually went back to sleep. Needless to say, I always have the Secret Love Star Hologram with me since that time.”*

The Masters have said that there is much to learn about the powers that the Secret Love Star contains. It is a definite star in space that the Masters have created in order to be able to help earth more.

### **What is being used for Protection?**

1. Aura Set Cards - listed below
2. Decree for Protection
3. Miraculous Medal
4. Rosary

### **The Basic Set**



Protection    Arcturian/  
Cosmic B.    Arcturians    Blue  
Lightning    Cosmic  
Violet    Violet  
Flame    Central  
Sun    Prevention  
Flame

### **Additional ones that may be needed:**



White  
Cross    Secret  
Love Star    Three Fold  
Flame    Integrity    Theta    Victory    G. Divine  
Director

### **How does one know what they need for Protection?**

Right now, we have the pendulum to work with. But any energies inside of us that should not be there, can control the pendulum, And they know that once we start working with the Sacred Flames, they will have to go.

1. Command that the answer must be for your highest and best good.
2. Direct the question to a specific Cosmic Being, such as Archangel Michael, Christ or Mother Mary, etc.
3. If you are not sure yet, ask that the Cosmic Beings under karmic law and the Law of Divine Love, control the pendulum.
4. If you are still not sure, email us.

The biggest danger is saying: ***“I will ask the pendulum.”*** The pendulum is like a cell phone, it is a device that we can use to get answers, but it of itself, **does not give us the answer.**

**There are many things we need to do in order to gain our ascension.**

1. **We need to clean and clear.**
2. **We need to raise our frequency. The higher realms vibrate at frequencies that are in the millions and above, how could we exist there if our frequency is 500 or even 100,000.**
3. **We need to protect our aura so that once we have cleaned and cleared, nothing new can come in.**
4. **We need to work with the Sacred Flames, for These are the incorruptible Powers that are needed to clear us and raise our frequencies.**
5. **We need to remove the death consciousness out of every cell of our bodies, for death does not exist in the highest realms.**

**It is a phenomenal privilege to hear about and then work with the Sacred Flames.**

**All information has been gathered from:**

1. Bridge to Freedom and Other Ascended Master Teaching from [www.ascendedmaster.org](http://www.ascendedmaster.org).
2. Books by A.D.K. Luk.
3. Saint Germain books and Voice of the I AM from [www.saintgermainpress.com](http://www.saintgermainpress.com).
4. The green Saint Germain Series books at [www.saintgermainpress.com](http://www.saintgermainpress.com)
4. Books by Peter Mt. Shasta available on Amazon.
5. The Gnosis and the Law by Tellis Papastavro.
6. Paul Selig and Anna Lee Skarin’s work.
7. And others.

The Sacred Flame Holograms were drawn and created by MaDonna Mae. Some remember working with these in other realms.

It is the greatest privilege to have the above books in our homes. If we do not have the Voice of the I AM and the Ascended Master teachings in our home, we are cheating ourselves tremendously. The Saint Germain books and the Ascended Master Teachings carry some of the highest frequencies on this planet. Just holding the Voice of the I AM brings our frequencies higher and higher. These can be purchased at [www.saintgermainpress.com](http://www.saintgermainpress.com). **Other books are available at [www.ascendedmaster.org](http://www.ascendedmaster.org).**

We are not a member of any organization but are working to clear and heal ourselves and help this planet and all its lifeforms as much as we can.